Fort Garry/St. Norbert Healthy Child Coalition



# Session #4 Spring 2021

# Sing-a-long with Me!

Learn new songs and sing a long and your Family Centre friends.

\*Great for kids 0-5 years\*

# <u>See & Say Storytime</u>

You and your child will bring something to show & talk about at the beginning. Then rhymes and stories will follow! Great for developing vocabulary!

\*Geared to 2.5-5 year olds\*

### Registration begins on April 9th, 2021 at 8am

All programs will take place online through Zoom and run

from April 19th - June 11th, 2021

# Read, Stretch & Sing

**Tuesdays** 

**Read, Stretch &** 

Sing

online program

10:00-10:30am

Mondays

Sing-a-long

with Me!

online program

10:00-10:30am

Join us as we do some yoga stretching and explore literacy in fun and exciting ways. Enjoy a bowl of "Alphabet Soup" while we learn about letters and get simple craft ideas to make at home.

\*Geared to 2.5-5 year olds\*

#### For more information contact one of our coordinators:

Cindy Nachtigall at: coordinator@fgsn.ca 204-299-1600 Audra Anderson at: coalition.admin@fgsn.ca 204-306-3475(DISK)

## Let's Play

Fort Garry/St. Norbert Coalition Programming

**Wednesdays** 

Show & Tell

& Story

online program

10:00-10:30am

Thursdays

Let's Play

online program

10:00-10:30am

'providing support to families with the goal of raising happy, healthy children

This physical activity program will have you and your child up and moving around as you learn the ABC's of movement. (Agility/Balance/Coordination)

\*Great for 1-5 year olds\*

## Fun in the Kitchen

**Fridays** 

Fun in the

**Kitchen** 

online program

10:00-10:30am

Join us in the kitchen for some fun activities! Science experiments or snack time ideas will be the theme of the day! Pick up ingredients and then have your preschooler follow along! \*Geared to 3-5 year olds\*



Priya will be distributing Free Activity Kits !

May Kit - May 7th/8th

June Kit - June 11th/12th

\*Quantities Limited\*